

## Chelsi Kitchen, PT



Chelsi graduated from the University of Indianapolis in 2014 with a bachelor's degree in exercise science and in 2017 with a doctorate of physical therapy. She is certified in the McKenzie Method of Mechanical

Diagnosis and Therapy and dry needling. Chelsi started her career at OrthoIndy in June 2017 and her primary role is an outpatient physical therapist at OrthoIndy South Physical Therapy. Her favorite part of her job is helping people get rid of their pain so they can get back to doing what they love.

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